SYLLABUS

I. TITLE OF COURSE: Principles and Basic Concepts of Nursing
   Code & Number: NURS 1120
   Credits: 2 credits

II. COURSE DESCRIPTION

Discussion of relevant aspects of the history of the profession across the ages, and the contribution of various theorists to its development. Emphasis on the concepts and principles of the conceptual framework of the Program, and standards of Nursing practice. Concurrent with NURS 1121.

III. TERMINAL AND SPECIFIC OBJECTIVES

1. Summarize historical events in the evolution of professional nursing and the contribution of distinguished theorists.
   1.1. Discuss significant historical events in the evolution of nursing practice.
   1.2. Define nursing as a profession.
   1.3. Identify the roles and responsibilities of the professional nurse within the health care system.
   1.4. List examples of different health care settings for nursing practice.
   1.5. Explain the different levels of educational preparation in nursing.
   1.6. Describe opportunities for career development and expanded nursing roles.
   1.7. Discuss the purpose and functions of different nursing professional organizations.
   1.8. Identify the contribution of various nursing theorists to the profession of nursing.

2. Examine the components of the standards of care and the standards of professional practice.
   2.1. Explain the standards of nursing practice.
   2.2. Discuss the meaning of legal terminology related to nursing.
   2.3. Identify the laws related to the practice of nursing in Puerto Rico and the United States.
   2.4. Define the following concepts: values, morality, ethics, principles, culture, and others.
   2.5. Discuss the Codes of ethics for nurses.
   2.6. Discuss ethical rules and principles.
3. Discuss the concepts and principles of the conceptual framework of the program.
   3.1 Discuss the mission, vision, and philosophy of the nursing program of the Inter American University of Puerto Rico (IUPR).
   3.2 Explain the concepts of the conceptual framework of the nursing program.
   Define health, wellness, holistic care and illness.
   Compare the different models of the concept of health discussed in class.

IV. CONTENT

Unit I. Development of Nursing as a Profession

A. Evolution of Nursing
   1. Historical perspective
   2. Contemporary practice
      a. Definition of nursing
      b. Characteristics of a profession
      c. Roles and functions
         1) Competency areas
            a) Provider of care
               (1) Role
               (2) Functions
            b) Coordinator of care
               (1) Role
               (2) Functions
            c) Member of the profession
               (1) Role
               (2) Functions
         2) Expanded roles
            a) Researcher
            b) Clinical Specialist
               a) Nurse Practitioner
               b) Nurse midwife
               c) Nurse entrepreneur
               d) Others
         3) Levels of educational preparation
            a) Licensed practical nurse
            b) Associate degree nurse (technical level)
            c) Nurse generalist (baccalaureate level)
            d) Nurse specialist (master’s level)
         4) Professional nursing organizations
            a) American Nurses Association (ANA)
            b) National League for Nursing (NLN)
            c) International Council of Nurses (ICN)
            d) Sigma Theta Tau International (Honor society of nursing)
3. Nursing theoretical models and conceptual frameworks
   a. Theoretical contribution of nurses
      1) Florence Nightingale (1860)
      2) Virginia Henderson (1955)
      3) Martha Rogers (1970)
      4) Dorothea Orem (1971)
      5) Sister Callista Roy (1979)
      6) Jean Watson (1979)
   b. Conceptual framework
      Marjory Gordon
      Functional health patterns
      Components of the health patterns
   c. Theories from other disciplines utilized in nursing
      1) Human needs theory
      2) Change theory
      3) General systems theory

Unit II. Nursing as a profession

A. Standards of nursing practice
   1. Standards of care
      Nursing process
      1) Assessment
      2) Diagnosis
      3) Outcome identification
      4) Planning
      5) Implementation
      6) Evaluation
   2. Standards of professional performance
      a. Quality of care
      b. Performance appraisal
      c. Education
      d. Collegiality
      e. Ethics
      f. Research
      g. Resource utilization

B. Legal aspects
   1. Concepts definition
   2. Legal principles
   3. Laws that regulate the practice of nursing in Puerto Rico and the United States
      a. Law #9 of 1987
      b. Law #82 of 1973
      c. Law #11 of 1976
d. Good Samaritan Law
e. Licensing Law
   1) Puerto Rico Board of Nursing Exams (AD & BSN)
   2) National Certification Licensing Exam (NCLEX-RN)
f. HIPAA Law

C. Ethical and moral aspects
   1. Concepts definition
      a. Morality
      b. Ethics
      c. Values
      d. Principles
      e. Culture
      f. Others
   2. Principles of healthcare ethics
      a. Beneficence
      b. Nonmaleficence
      c. Respect for autonomy
      d. Justice
   3. Codes of ethics for nurses
      a. A.N.A.
      b. C.P.E.P.R.

Unit III. Conceptual framework of the IUPR nursing program

A. Concepts definition
   1. Mission
   2. Vision
   3. Philosophical concepts
      a. Person
      b. Society
      c. Health
      d. Nursing
      e. Education
   4. Conceptual framework

B. Curricular Concepts
   1. Horizontal concepts (Provide breadth in knowledge, attitudes and skills)
      a. Nursing process
         1) Diagnostic reasoning
         2) Therapeutic reasoning
      b. Humanistic care
         1) Professional values
   2. Vertical Concepts (Provide depth)
      a. Wellness-illness
      b. Communication
      c. Research
      b. Leadership & management
V. **ACTIVITIES**
A. Large and small group discussions
B. Analysis of hypothetical situations
C. Role play
D. Study guides
E. Reading assignments
F. Interviews
G. Internet search

VI. **EVALUATION CRITERIA**
A. Written exams……………………… 80 %
B. Special work assignments………….. 15 %
   Interviews
   Bibliographic references
   Others
C. Attendance & Student participation … 5 %
   Total……..100%

VII. **EDUCATIONAL RESOURCES**

A. **Text Books**


B. **Supplemental readings**

Carmen Torres de Tiburcio School of Nursing Information Manual

Code of Ethics of PR
Law # 11 of 1976
Law # 82 of July 1st, 1973
Law # 9 of October 11th, 1987
Standards of Nursing Practice

C. Journals

1. Journals with paper access at the Center for Information Access

Applied Nursing Research
Cumulative Index to Nursing and Allied Health (CINAHL) (Monthly)
Cumulative Index to Nursing and Allied Health (CINAHL) (Annual)
Journal of Christian Nursing
Research in Nursing and Health

2. Journals with electronic access

Nursing Research

D. Internet resources

Code of Ethics……………… wwww.cpepr.org/cpe_inforna/codigo_d_etica.htm
lce.coqui.org/bioetica
General health themes……… www.helpnet.com
                          http://healthgate.com
                          http://healthfinder.org
                          http://healthgate.com/HealthGate/MEDLINE
                          www.findarticle.com
                          www.cdc.gov.
Legal aspects………………... http://kcsun3.tripod.com
                          www.cpepr.org
                          http://www.lexjuris.com
Professional Organizations….. www.jcaho.org;
                          http://ana.org
                          http://nln.org
                          http://nlnac.org
Standards of Nursing Practice wwww.cpepr.org
                          www.utmb.edu/policy/nursing

Reasonable accomodation: If you understand that you have special needs due to some physical, psychological, social, language, religious or another condition, you may speak with your professor so together you can explore possible adjustments, which will allow you to fully participate in the academic process.

Revised by C. Andino, Aug. 2007