Inter American University of Puerto Rico  
Metropolitan Campus  
Sciences and Technology Faculty  

CARMEN TORRES DE TIBURCIO SCHOOL OF NURSING

SYLLABUS

I. Title : Health Assessment  
Code Number : NURS 3120  
Credits : Four (4)

II. Description

Applicator of knowledge and skills for the comprehensive assessment through the life span. Emphasis in obtain an organizing data with health assessment and diagnostic reasoning. Requires total for 30 hours of lecture and 60 hours of practice in different sceneries.

III. Terminal and specific objectives

The student can:

1. Valorize a comprehensive health assessment necessary of the humanistic care of the child, adult and geriatrics in the continuous health-sickness process.
   1.1 Discuss the nursing role in the performance of health assessment.
   1.2 Examine the conceptual models of nursing utilized for health assessment.

2. Integrate subjective and objective assessment skills to obtain a comprehensive health assessment of the child and adult and geriatric client.
   2.1 Resume the components of the health history.
   2.2 Examine the different types of data in health assessment.
   2.3 Utilize the different models of health patterns in the documentation of the data.
   2.4 Development the domain of basic techniques of the physical examination.
   2.5 Utilize the standardized measures of safety, confidentiality and respect during the performance of the physical assessment.

3.1 Review of anatomy and physiology of each body system revised.
3.2 Perform the physical examination to the child, middle and old age according to the head to toe sequence utilizing the established guides.
3.3 Compare findings of physical assessment with the normal parameters within the different stages of life.
3.4 Document the correct findings of the assessment.
3.5 Utilize diagnostic reasoning skills in the analysis of assessment data.
3.6 Establish the correct nursing diagnosis bases in the analysis of obtained data.

IV. Content

A. Unit I Comprehensive Health Assessment

1. Professional nursing role in the health assessment process.

2. Conceptual model is nursing for the Health Assessment.
   a. Person

3. Transcultural considerations

B. Unit II Comprehensive Assessment skill

1. Subjective assessment
   a. Component
   b. Method to obtain data
   c. Documentation

2. Objective assessment
   a. Definition
   b. Purpose
   c. Equipment and instruments
   d. Standardized safety measures
   e. Techniques
      1. Inspection
      2. Palpation
      3. Percussion
      4. Auscultation
f. Practice of physical exam techniques

C. Unit III- Physical exam of children, middle and older adult through the body systems.

1. Review of anatomy of each body system

2. Physical assessment skills according to the life cycle.
   a. General impression
   b. Anthropometric measures and vital signs
   c. Mental and nutritional status
   d. Head and neck
   e. Thorax
   f. Heart and vascular system
   g. Abdomen and gastrointestinal system
   h. Neurologic and muscular-skeletal system
   i. Reproductive system

3. Analysis of data

4. Nursing diagnosis

V. Activities
   A. Study guide and assignment
   B. Lecture
   C. Group discussion
   D. Individual and groups practices
   E. Practice

VI. Evaluation

   **Theory**  50% (discussion with students)
   A. Written tests - ____%
   B. Integrated final test - 30%
   C. ________________ - ____%

   **Laboratory**  50%
   A. Applications of the diagnostic process in cash clinic - 35%
   B. Skill practice – head to toe assessment – 25%
   C. Practice exam – 30%
   D. ERI – 10%
VII – Resources and material

Audiovisuals
Skill laboratory for independent practice
Videos
Assessment Guide
Student Text CD ROM

VII. BIBLIOGRAFÍA

TEXTBOOK


Electronic Resources

http://ada.com/aia
http://consalud.com
http://evolve.elsevier.Jarvis
http://nursing.center.com

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