COURSE TITLE: PRACTICE OF PHYCHOSOCIAL NUMBER: NURS 1222 CREDITS: Two (2) ACADEMIC TERM: Professor: OFFICE HOURS: Office Phone Number: 250-1912 Ext. 2159, 2202 EMAIL: 

II. DESCRIPTION

Application of the Nursing Process, models theories, principles, and concepts of the psychosocial care of adults; practice of the skills of therapeutic communication in interventions with adults. Requires a total of 90 hrs of laboratory. Requisite: NURS 1122 & 11360. Concurrent with NURS 1221

III. TERMINAL AND SPECIFIC OBJECTIVES:

1. Apply the nursing process, models, theories, principles, and concepts in the psychosocial care of adults.

2. Integrate the National Patient Safety Goals while caring for patients with psychosocial needs

3. Use the TEAM STEPPS model to intervene with adults with psychosocial needs

4. Use therapeutic communication skills in interventions with adults

5. Apply cultural competency concepts and evidence based nursing practice in treatment modalities.
IV. CONTENT

Unit I: Application of the nursing process, models, theories, principles, and concepts in the psychosocial care of adults.

1. National patient safety goals
   a. Academy of national science institute of medicine CIDM.
   b. Joint commission accreditation of Health organization.
   c. National patient safety foundation CNPSF.

2. Definition of principles and concepts
   a. Psychosocial nursing
   b. Personality development
   c. Laws that regulate care
      i. 408
      ii. HIPAA
      iii. ADA

3. Theoretical models of psychosocial care
   a. Psychosocial model
   b. Social model
   c. Medical model

Unit II: Apply cultural sensitivity concepts and evidence based nursing practice in treatment modalities.

d. Somatic care
   i. Brief and debrief check list
   ii. Psycho pharmacy (patient safety 03.03.01, 03.04.01)
   iii. Electro convulsive therapy (patient safety 01.01.01, 01.03.01)
   iv. Phototherapy
   v. Sleep deprivation
   vi. Trans cranial magnetic stimulation
   vii. Vagal nerve stimulation

e. Non somatic therapy
f. IM SAFE check list
   i. Individual therapy
   ii. Group therapy
   iii. Family therapy
4. Nursing process
   a. Assessment
      i. Neuro status
      ii. Psychiatric history
      iii. Genogram, ecomap
   b. Nursing diagnosis
      i. NANDA
   c. Expected outcomes
      i. NOC
   d. Care Plans
      i. NIC
      ii. Family integrations
   e. Implementations
   f. Evaluations
   g. Documentations

Unit III: Use therapeutic communication skills in interventions with adults.

1. Phases of therapeutic relationship(Health literacy)
   a. Pre interaction
   b. Introduction
   c. Termination
2. Factors that affect therapeutic relationships
   a. Facilitators
      i. Therapeutic techniques
   b. Impasses
      i. Resistance
      ii. Transference
      iii. Counter transference

V. ACTIVITIES
A. Large and small group discussions
B. Role playing
C. Assigned readings
VI. EVALUATION

POINTS

Clinical evaluation criteria ........................................40%
Interpersonal process recording criteria ..........................10%
Reflective diary ............................................................15%
Case study .................................................................25%
Attendance ......................................................................10%

Total points 100%

VII. SPECIAL NOTES

Special Needs or help services

1. Auxiliary services or special assistance
   All students who require auxiliary services or special assistance should apply at the beginning of the course or as soon as they acquire the knowledge of the needs, through registration with the Office of the Professional Counselor, Professor José Rodríguez located in the University Orientation Program.

2. Honesty, fraud and plagiarism (General Student Regulations (Chapter V, Article 1)
   Plagiarism, the lack of honesty, fraud and the manipulation of falsification of information are contrary to institutional principles and norms and are subject to disciplinary sanctions, as established in Chapter V Article 1, of these regulations. Mayor infractions, as General Students Regulations dispose, can have consequences of suspension of the University for a definite time of more than one year, permanent expulsion from the University, or other sanctions.

2. Use of electronic devices
   All cellular phones and any other electronic devices that might interrupt the learning and teaching processor or alter the environment that conduces to academic excellence must be deactivated. Special situations must be taken care of, accordingly. The use of electronic devices that allow access, storage or sending of information during evaluations or tests is prohibited.
VIII. EDUCATIONAL RESOURCES

A. Text Book


B. Supplemental Texts:


Hall Health.


**Web Sites**

*The Cochrane Collaboration*
[www.cochrane.org](http://www.cochrane.org)

National Guideline Clearinghouse  
[www.guidelines.gov](http://www.guidelines.gov)

Teaching Smart – Learning Easy  
Rosalinda Alfaro-LeFevre  
[www.alfaroteachsmart.com](http://www.alfaroteachsmart.com)

Program of Culturally Competent Nursing Care – Cornerstone of Caring  
U.S. Department of Health & Human Services  
Office of Minority Health  
[www.thinkculturalhealth.org](http://www.thinkculturalhealth.org)

**TEAM STEPPS model**  
U.S. Department of Health & Human Services  
Agency for Healthcare Research & Quality  

The Joint Commission – National Patient Safety Goals  

American Nurses Association  
[www.nursingworld.org](http://www.nursingworld.org)

National Council of State Boards of Nursing (NCSBN)  
[https://www.ncsbn.org/index.htm](https://www.ncsbn.org/index.htm)

National Institute of Nursing Research  
[www.ninr.nih.gov](http://www.ninr.nih.gov)

Clinical Practice Guidelines Online  
[http://www.ahrq.gov/clinic/cponline.htm](http://www.ahrq.gov/clinic/cponline.htm)

American Psychiatric Nurses Association  
[http://www.apna.org](http://www.apna.org)
APA On Line: American Psychiatric Association
http://www.psych.org

Bazelon Center for Mental Health Law
http://www.bazelon.org

Mental Health Commission

Mental Health Matters
http://www.mental-health-matters.com

National Alliance for the Mentally III
http://nami.org

National Institute of Mental Health
http://nimh.nih.gov

**Recommend Journals**

1. Printed journals at the Information Access Center
   a. Applied Nursing Research
   b. Archivos de Neurobiologia
   c. Cumulative Index to Nursing an Allied Health (Monthly)
   d. Cumulative Index to Nursing an Allied Health (Annual)
   e. Journal of Christian Nursing
   f. Psychiatric Quarterly
   g. Research in Nursing and Health

2. Journals online
   a. Behavioral Medicine (I)*
   b. Community Mental Health Journal (I)*
   c. Hospital and Community Psychiatric (I)*
   d. Issues in Mental Health Nursing (I)*
   e. Journal of Neurophysiology (I)*
   f. Journal of Neuroscience Nursing (I)*
   g. Journal of Psychosocial Nursing and Mental Health Services (I)*
   h. Nursing Research (I)*
   i. Perspectives in Psychiatric Care (I)*
B. Data Bases

The following data bases may be accessed through the Web from the Information Access Center, or from your home via a computer at the following address: 
http://www.cai.inter.edu/bases.htm. To access from your home you must register at the Information Access Center in order to obtain a password.

a. Health Reference Center
b. CINAHL
c. ProQuest (ACADEMIC RESEARCH LIBRARY ProQuest Nursing Journals)

Revised: Erika Carrasquillo, 2010