SYLLABUS

I. TITLE OF COURSE : HEALTH ASSESSMENT (LAB)

Code & number : NURS 3120
Credits : (0)
Academic Term :
Professor :
Office Hours :
Office phone number : 250-1912 Ext. 2202
Email :

II. Description
In this course the student will apply knowledge and nursing skills in performing a comprehensive assessment through the life span. This course emphasizes in obtaining and organizing data using health assessment techniques and diagnostic reasoning. This course requires a total of 30 hours of lecture and 60 hours of practice in different scenarios.

III. Terminal and Specific Objectives

At the end of the unit the student will be able to:

1. **Valorize the use of a comprehensive health assessment necessary to provide humanistic care of the child, adult and geriatric clients in the health-sickness process.**
   1.1 Discuss the nursing role in the performance of health assessment.
   1.2 Examine the conceptual models of nursing utilized when performing health assessment.

2. **Integrate the skill of obtaining objective and subjective data while performing a comprehensive health assessment of a child, adult or geriatric client.**
   2.1 Summarize the components of the health history instrument.
   2.2 Examine the different types of data used when performing health assessment.
   2.3 Apply the knowledge of the different health patterns when gathering the data for documentation.
   2.4 Demonstrate the proper use of basic techniques used during the physical examination.
   2.5 Apply the standard measures of safety, confidentiality and respect while performing the physical assessment with any client.
3. Perform a comprehensive health assessment, analyze the data obtained and identify the appropriate nursing diagnosis.
   3.1 Review basic concepts of anatomy and physiology of the body systems.
   3.2 Perform the physical examination according to the established guidelines.
   3.3 Compare the findings of the physical examination with the normal parameters.
   3.4 Apply knowledge of proper documentation of assessment findings.
   3.5 Use diagnostic reasoning skills in the analysis of data.
   3.6 Infer the appropriate nursing diagnosis from the analyzed data.

IV. Content
   A. Comprehensive Health Assessment
      1. Nurse’s role in the health assessment process
      2. Conceptual model used while performing health assessment
         a. Person
      3. Transcultural considerations
   B. Comprehensive assessment skills
      1. Subjective assessment
         a. Definition and purpose
         b. Components
         c. Methods
         d. Documentation
      2. Objective assessment
         a. Definition and purpose
         b. Equipment
         c. Safety measures
         d. Techniques
            i. Inspection
            ii. Palpation
            iii. Percussion
            iv. Auscultation
            v. Practice of physical examination techniques
   C. Physical exam of children, adults and geriatric clients
      1. Review of anatomy
      2. Physical assessment skills according to life cycle.
         a. General impression
         b. Anthropometric measures and vital signs
         c. Mental and nutritional status
         d. Head and neck
         e. Thorax
         f. Cardiovascular system
g. Gastrointestinal system  
h. Neurological system  
i. Muscular-skeletal system  
j. Reproductive system  

3. Analysis of data  
4. Nursing diagnosis  

V. Activities  
Conferences  
Study guides  
Assignments  
Practice in skills lab  
Clinical practice  

VI. Evaluation Strategies  

Theory (50% of the course)  
Partial tests (3)  30%  
Assignments (2)  20%  
ATI test  20%  
Final Test  30%  
100%  

Laboratory (50% of the course)  
Application of the diagnostic process  30%  
Practice (Laboratory)  40%  
Practice Exam  30%  
100%  

VII. SPECIAL NOTES  

Special Needs or help services  
1. Auxiliary services or special assistance  
All students who require auxiliary services or special assistance should apply at the beginning of the course or as soon as they acquire the knowledge of the needs, through registration with the Office of the Professional Counselor, Professor José Rodríguez located in the University Orientation Program.  

2. Honesty, fraud and plagiarism (General Student Regulations (Chapter V, Article 1)  
Plagiarism, the lack of honesty, fraud and the manipulation of falsification of information are contrary to institutional principles and norms and are subject to disciplinary sanctions, as established in Chapter V Article 1, of these regulations. Mayor infractions, as General Students
Regulations dispose, can have consequences of suspension of the University for a definite time of more than one year, permanent expulsion from the University, or other sanctions.

3. Use of electronic devices

All cellular phones and any other electronic devices that might interrupt the learning and teaching processor or alter the environment that conduces to academic excellence must be deactivated. Special situations must be taken care of, accordingly. The use of electronic devices that allow access, storage or sending of information during evaluations or tests is prohibited.

**Required Text**


Revised by R. Camacho on August 12th, 2009