Case Analysis

Name
Age Race
Education
Worker Nativity Occupation
Date Religion Civil Condition

Reason for Commitment

Physical Findings

Mt. Wt. Type
Organic Disease or Disability

Psychological Tests

Wechsler-Bellevue
Rohrschach

T.A.T.

Heredity and Social Background

Race of father of mother
Length of Residence in community in state in U.S.
of father of mother
Siblings and Other Members of Family

Economic Status
Social Status
Ethical and Religious Standards
Organization and Spirit of Home

Heredity - Strong and Weak Points in Family Record

Personal History

Early Childhood

Pre-natal Influences
Birth Conditions
Disposition
Walking, Talking, Weaning, Toilet Training

Physical Health and Vigor
Name

School Years
Age of entering school of leaving school grade attained
Rating as student
Special abilities and Disabilities

Social relationships
with members of home group -
over-solicitousness on part of parents?
which parent did disciplining? means employed.
pt.'s reaction to discipline
attachments or antagonisms to members of home group

with teachers

with school-mates

with pets

Work and play
Chores attitude toward them
Play-ground activities

Reading Habits

Day-dreaming

Remarks

Personality
Output of energy
Self-estimate
Self-assertiveness
Communicativeness
Sensitivity
Reliability
Sense of humor
reactions to success and failure

Pre-adolescence
Changes in the above or other particulars associated with the on-coming of adolescence.
Adolescence and Maturity

I. Social Adjustments

Social Identification

Social Contacts
Membership and participation in organized groups

Association with informal groups

Number and type of friends

Attitude toward others and their attitude toward him

Accomplishments – musical, artistic, dramatic, literary, athletic

Recreations and satisfactions
Use of leisure time
Reading habits and types of reading

Movies

Day-dreaming

Religion – name of church
church membership attendance leadership
Periods of special awakening, indifference, back-sliding

Special beliefs and practices

Personality
Output of energy
Self-estimate
Self-assertiveness
Communicativeness
Sensitivity
Reliability
Sense of Humor
Reactions to success and to failure
II. Sex Adjustments

Childhood and adolescent difficulties
What sex instruction?
how given and by whom?

Frankness in discussing sex problems

Indulgence in masturbation - When did it begin?
how long did it continue?
How frequent has it been?
association with erotic phantasy
attitude toward it

His sex code

Attitude toward same and toward opposite sex
What type of women does he seek out?

At ease, or bashful with girls?
popular or shunned by them?

Evidences of homosexuality
Attachment or antagonism to either parent or to other member of family

Love affairs and disappointments

Sex irregularities be fore and after marriage

To what extent have sex tensions interfered with work or with social relationships?
When and under what conditions?
II. Sex Adjustments (cont.)

Marriage
Date Age of Each at time of marriage
Courtship Length circumstances under which they became acquainted

Wife's race religion education
health

personality

social background

Mutual Compatibility
common interests

frequency of intercourse degree of satisfaction

use of contraceptives frigidity or impotence

Children: Names
Age
Sex
Health
Grade in school academic rating

Present Home
Neighborhood
type of dwelling
Ownership
Sleeping arrangements
House
House-keeping

Budget vs. income

Organization and Spirit of home
III. Vocational Adjustments

Plans and ambitions

Vocational record (positions held, compensation, proficiency, reasons for change)

Attitude toward work - interested or indifferent?
   How much thought and study does he give to it outside of hours?

Manner of work (with regard to endurance, distractibility, exhaustibility, fitfulness or regularity)

Relationship with employers and with fellow workers

Opportunity for self-expression in creative activity;
   in the organization of the industry

IV. Physical Condition and Health

Physique Ht. Wt. Type
General Impression - distinguished? attractive? or inconspicuous? homely? unprepossessing?

Vitality (strength, endurance, virility)

Disabilities
Illnesses and accidents

Use of tobacco alcohol, drugs

Established neurotic patterns
Name
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PRESENT ILLNESS

Date of admission
Type of onset (abrupt or gradual?)
Duration of illness before admission

Precipitating factors

Symptoms of present disorder which first attracted attention

Presence of anxiety, absorption in thought, sleeplessness

Changes in behavior, in mood, in attitude toward others and toward work

Appearance of suspicions, peculiar beliefs, unusual interests, strange behavior.

Religious concern - accentuated or diminished?
manifestations interpreted as superhuman

Attitude of family with reference to illness

Previous attacks - dates, duration, severity, outstanding characteristics, social and vocational adjustments during period of remission.
CHARACTERISTICS OF THE DISORDER
during acute phase in hospital

Changes in Condition
What changes have occurred during period of observation in hospital? When was the disturbance at its height? What is the present condition?

General Appearance and Behavior
Output of energy

Heatness

Talk (readiness, fluency, vocabulary, peculiarities).

Oddities and Mannerisms

Intellectual Functions
State of consciousness (clear, clouded, dream-state, stupor?)

Field of Attention (narrow or diffuse? external or internal?)

Orientation

Memory

Sequence of Thought (type of association, flight of ideas, confusion, blocking, retardation, circumstantiality)

Mood
General cast of mood

Variability

Appropriateness

- to actual situation
- to content of thought

Social Attitude
To what extent is he aware of and responsive to the wishes and attitudes of others?

General Attitude

- self-assertive or submissive?
- fault-finding, self-pitying or self-accusatory?
- frank or reticent?
- friendly or antagonistic

Response to special situations (visits, letters, reprimands, examinations, etc.)
CHARACTERISTICS OF THE DISORDER (cont.)

Content of Thought

Sense of the Mysterious and Uncanny

Hidden meanings

Strange thoughts, hunches, auditory hallucinations etc.

Visions

Peculiar feelings, electrical currents etc.

Motor automatisms

Ideas of mind-reading, of being hypnotized

Sources and motives of these influences?

Sense of Peril

Ideas of death

accepted (as required by God)

resisted (attributed to machinations of enemies)

interests at stake

World Involvement

general calamities

millenniums — of superhuman origin of human origin

Pt.'s role

Sense of Responsibility

Willingness to recognize own mistakes as factors in difficulty

Where guilt is acknowledged, how far does pt. discuss the real issues?

is there a tendency to substitute minor for major sins?

is the sin something of the past? or is it still being indulged in?

What is being attempted in the way or rectification or expiation?

Where the responsibility is projected, where is blame placed — on other persons? on occult forces? on physical illness?

What other delusional misinterpretation is in evidence?

How well-established have the delusions become?

Is the mood and attitude consistent with the pt.'s interpretation of situation? with situation as it actually is?
**Erotic Involvement**

How large a part does sex have in pt.'s ideation?

To what extent does he admit masturbation or other irregularities?

How much of a struggle has he been making against erotic domination? What is the present status of that struggle? Has he given way to it? Is he still in a state of conflict and distress? Has he made some compromise? What is the significance of the present disturbance?

**Religious Concern**

Degree of concern about vital issues

Forces upon which he conceives himself to be dependent – personal or impersonal? human or superhuman? friendly or unfriendly? monistic or dualistic?

Practice of prayer, Bible reading, attendance at religious services

Self-estimate – exalted or self-deprecative?

Ideas of – communication with God
  conflict with evil spirits
  remorse over sins
  expiation
  cosmic identification
  rebirth
  previous incarnation
  prophetic mission

How far does he think in terms of the accepted symbols of his group? Has he introduced archaic symbols? What is the source of these symbols? Can they be traced to his reading or to his contacts with others?
Present Condition

Date

General Behavior (output of energy, neatness, stream of speech, mannerisms)

Intellectual Functions

Mood (general cast, variability, appropriateness)

Social Attitude
  General attitude - self-assertive or submissive?
  fault-finding, self-pitying or self-depreciative?
  sociable or exclusive?
  friendly or antagonistic?
  co-operative or negativistic?
  sensitive or indifferent?
  respected or "razzed?"

Differences in attitude toward those in authority and toward fellow patients.

Attitude toward work
  kind of work done
  proficiency
  steadiness

Use of leisure time
  time spent in social intercourse
  in reading
  in ward games (which ones?)
  participation in hospital activities
  revery

Reactions to success and failure, to praise and blame

Response to special situations

Attitude toward Disturbance and toward Hospitalization

Plans and Ambitions
Present Concern about Vital Issues

His Interpretation of the Disturbance

Attendance at - church services
   mental health conferences

Practice of Prayer
   of Bible reading

Reasons given for Attendance or Non-attendance at Church

His concept of the Bible

His idea of the chief end of life

His concept of God

His concept of the cross
DIAGNOSTIC SUMMARY

Life Situation
Pt.'s idea of himself (his social identification and his chosen role or vocation)

Vocational adjustments

Sexual adjustments

Social adjustments

Reaction Patterns
Habitual ways of meetings difficulties and frustrations revealed in past history

Attempts at re-organization
religious experience

previous acute disturbances

Reaction pattern represented in present disturbance

Personality Organization
Evidence of profound upheaval or regression

Degree of structuralization

Level of adjustment aimed at

Clinical Label
As agreed upon in staff
Differences of opinion

Prognosis

Plan of Treatment

Remarks