This leaflet is prepared for the Chicago Committee of the Council for the Clinical Training of Theological Students, Inc. The national organization has headquarters at 2 East 103rd Street, New York.

The doctors find nothing wrong with him physically; but he thinks something dreadful is going to happen, that it is all his fault, and that nothing awaits him but death and punishment.

What can Christian people do to help him?
What can they learn from him?
What can they do to prevent such breakdowns?
More than 400,000 persons are living today in the mental hospitals of the United States of America.

There are more patients in mental hospitals than in all other hospitals put together.

How can Christian people help?

The Chicago Council for the Clinical Training of Theological Students lays upon men preparing for the Christian ministry a concern for the service of the mentally ill and the need of understanding their experiences. At the Elgin State Hospital for the past five summers students have been making friendly contacts with hundreds of patients, playing ball with them, arranging home talent programs, training choirs, leading them in services of worship. And while doing all this they have made intensive studies, under competent supervision, of the factors that bring about mental illness and of the part that religion can play in its prevention and cure.

Why do people go insane?

What does religion have to do with it?

The trouble in most cases seems to be in the way of life. In those who come as patients to our mental hospitals there is in the majority of cases no disease of brain or nervous system. There is, however, a sense of failure. In the face of this some have sought refuge in day dreams to get away from the real world. Some have been taking refuge in alibis and have been finding fault and blaming others in order to avoid blaming themselves. Some have been whistling to keep up their courage. Then there are those who have waked up to the fact that something is wrong and are striving desperately to deal with the real issues of life. In this last group, so long as they continue to face the problems relating to their ultimate destiny, we find much concern about religion. It is in this group that the largest proportion of recoveries occur.

The Council for the Clinical Training of Theological Students believes that a better knowledge of why people go insane will give us a new understanding of what religion means.

It is estimated that among those of high school age one person in ten will at some time in his life become sufficiently disturbed mentally to justify commitment to a mental hospital.

But it is not inevitable that any particular person should become mentally ill. Who is in better position to help in preventing such illness than an understanding minister?

The Chicago Council for the Clinical Training of Theological Students trains men in the fine art of helping people to achieve spiritual health as well as in helping them to minister to those in trouble. The Council believes that the Christian churches have both responsibility and opportunity to minister to those who are, who have been, or who may become mentally ill.

To carry on and enlarge their program the Council needs $1,800.

PROFESSOR A. C. McCIFFERT, President
Chicago Theological Seminary

PROFESSOR CHARLES T. HOLMAN, Treasurer
Divinity School, University of Chicago

Contributions may be sent to the Treasurer.