Inter America University of Puerto Rico
Metropolitan Campus
Science and Technology Campus
Carmen Torres De Tiburcio Nursing School

Syllabus

I. TITLE OF COURSE: INTEGRATED PRACTICE II
   Code and Number: NURS 4914
   Credits: Four (4)
   Academic Term:
   Professor:

   Office Hours
   Office phone number: 250-1912 EXT.2159, 2202
   Email:

II. DESCRIPTION:

Application of the nursing process in the humanistic care of family and groups as integrated part
of the community. Integration of concepts and theories that serve as base of the nursing practice
with the family and community. Use of public health concepts, epidemiology, biostatistics,
demography and community nursing interventions with family and community. Demostration of
planning coordination, leadership and educational skills in the implementation of intervention
strategies. Application of ethical legal principles and research findings in undertaking the roles of
the nursing profession in promoting health and well-being. Requirements 120 hrs of clinical
practice. Prerequisite NURS 4911 corequisite NURS 4180.

III. TERMINAL OBJECTIVES:

By the end of the course the students will:

1. Apply the nursing process with clients, family, groups and community while providing
   humanistic and holistic care for health promotion and disease prevention throughout the
   life span
2. Integrate the concepts and theories in which the family and community nursing practice
   as client is based.
3. Use concepts of public health, epidemiology biostatistics and demography in the
   community health nursing practice.
4. Demonstrate planning, coordination, leadership (Team STEPPS), and teaching skills
   in the implementation of safe and effective, evidence based intervention strategies.
5. Apply cultural, ethic and legal principles and concepts, and research findings to the community health nursing roles.

IV. COURSE CONTENT

Unit I: Application of the nursing process to client, family, and community groups.

A. Concepts and theory
   1. Family as client
      a. Home visits
         i. Pre and post visit stages
         ii. Therapeutic relationship
         iii. Personal safety and self protection
         iv. Contracts and consents
         v. Confidentiality
         vi. Emergency management
      
      b. Patient safety
         i. Nursing bag technique
         ii. Home cleanliness
         iii. Hand washing
         iv. Equipment cleaning
         v. Infection control

   2. High risk community group as client
      a. Team STEPPS model
         i. Leadership
         ii. Group work
         iii. Group dynamics
         iv. Communication Brief and Debrief Checklist
         v. Conflict management: DESC

B. Family and community assessment or intervention group
   1. Family (informatics)
      a. Conceptual framework of the 11 functioning patterns
      b. Genogram
      c. Ecomap
      d. Family profile
         i. structure
         ii. functioning
         iii. characteristics as a social system
iv. family culture
v. family life cycle
f. Individual health history and physical assessment

2. At risk groups
   a. Windshield
   b. Assessment method
   c. Primary and secondary sources
   d. Client’s profile
      i. Allocation variables
      ii. Population variables
      iii. Social systems variables
      iv. Resources for community projects

C Data analysis

1. Determine needs and problems
2. Determine functioning level
3. Determine Strengths
4. Identify risks
5. Compare objective and subjective data
6. Interpret data and make inferences
7. Determine the characteristics of a healthy family and a healthy community
8. Use of different resources
   a. Research
   b. Clinical report
   c. Textbook and references
   d. Standards

D. Nursing Diagnosis
   1. NANDA or Carpenito
   2. Diagnose wellness, high risk; and real or potential problems.

E. Planning with family and at risk groups
   1. Prioritize needs and problems
   2. Family teaching and community project plan

F. Implementation
   1. Intervention activities focused in the three prevention levels
   2. Intervention strategies (teaching, prevention clinics and referrals)
   3. Health promotion and disease prevention
   4. Coordination of care
5. Leadership, team work, effective communication skills (Team STEPPS)

G. Assessment
   1. Structure and process
   2. Expected outcomes
   3. Formative and summative
   4. Self evaluation

H. Essential skills for the family and community nursing roles
   1. Effective written and oral communication skills (Informatics)
   2. Team Work
   3. Advocacy
   4. Critical thinking skills
   5. Accountability

V. Activities
   A. Discussion of reading materials
   B. Clinical Practice: Nursing Bag Technique, home visit process, physical assessment skills
   C. Home visits and community project plan
   D. Movies and study guide discussions
   E. Collaborative work (group work, teaching role, prevention clinics)
   F. Notes taken in group meetings

VI. Assessment
   A. Leadership and team work role
   B. Portfolio: Nursing process and
   C. Portfolio: community project
   D. Clinical Performance: Nursing bag technique, home visits, Professionalism

VII. SPECIAL NOTES

Auxiliary Services or Special Needs
Any student that requires auxiliary services and/or special assistance must request it as soon as he/she knows he/she needs it. This request must be submitted through the proper registry at Mr. José Rodríguez, Office of Professional Counseling, located at the Program of University Counseling.

Honesty, Fraud and Plagiarism (Chapter 5, Student’s Regulations Manual)
Lack of honesty, fraud, plagiarism and/or any other inadequate conduct related to the academic performance of the student will constitute major infractions of the Student’s
Regulations Manual. According to the Regulations, major infractions can be sanctioned by the student’s suspension from the University for a definite time defined by “over a year” or expelled permanently, among others.

**Electronic Devices**

All cellular phones and any other electronic devices that might interrupt the learning and teaching process or alter the environment that conduces to academic excellence must be deactivated. Special situations must be taken care of, accordingly. The use of electronic devices that allow access, storage or sending of information during evaluations or tests is prohibited.

**VIII. Evaluation Criteria**

Family Intervention……………………(50%)

- Family portfolio…………………30%
- Home visit process …………….10%
- Nursing bag technique…………10%
  
  = 50 %

- Intervention with community ………… (30%)
  - Portfolio of community project………30%

**Clinical Performance (20%)**

- Professionalism, leadership and team work..10%
- Community nursing roles………………10%

**VIII. Resources**

**Text Book**


**Reference**

Movies:

The Home Visit
Family Assessment
The Nursing Bag

Electronic resources:

American Public health association(APHA):
http://www.apha.org
Center for disease Control and prevention(CDC)
http://www.cdc.gov
National Institutes of Health (NIH):
http://os.dhhs.gov
U.S Department of Health and Human Services
http://os.dhhs.gov
Word health organization
http://www.who.ch
Center for International Health Information
http://www.ciih.com
Office for Disease Prevention
http://www.odphp.osophs.dhhs.gov

Revised by: E. Mateo/C. Padilla  August 2009