INTER AMERICAN UNIVERSITY OF PUERTO RICO
METRO CAMPUS
International Relations Office

ENGLISH TRIMESTER AND INTERNATIONAL STUDENTS SUPPORT SERVICES
(ETISSS)

STUDENT GUIDE

Information and Hints on Searching for Necessary Things in the University Experience

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Revised July 13, 2012
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A brief message from IRO Counselor
Eduardo A. Hernández-LPC

Dear students: Information is so important. That’s why we are providing you with this comprehensive information guide that will enable you to start answering your basic and maybe your most complicated questions.

This guide was created with you in mind. We at International Relations Office and at Inter American University of Puerto Rico, Metro Campus are aware of the difficulties students may confront in their planning and moving to a new experience. This guide has the most important information needed for the transformations your life will take when starting your College university path.

This kind of endeavor is not an easy one, on the contrary is quite difficult and challenging but: facing these new goals and learning at the same time is what is intended for you to experiment in your new independent, responsible life ahead.

Enjoy this time. It is an opportunity to create a new you, under the new perspective, under a new place... and this new chance is giving you the power to re-create and proof your self into the new situation provided by change.

After all you decided to have this new experience!
Enjoy, learn and deliver!
HAVE A GOOD EDUCATION!
INTER-METRO
Lodging and Housing
Where to get temporary lodging while looking for your apartment or house?

We have a Hostel named Carmona House (in honor of the former family inhabitants): a temporary lodging for students, faculty, administrative and authorized visitors. It is a restored old structure. It was the a typical family home approximately more than 60 years ago. It has most of the original architecture of a 1950’s house. A reservations form request can be obtain contacting: Eduardo A. Hernández, Professional Counselor e-mail: e hernandez@metro.inter.edu tel. 787-250-1912 ext 2476 or 787-758-0837

Important: after completing and sending your reservation form, remember you must get the final clearance from the Dean of Students Office. Only then you will be able to reserve your flight ticket if you are coming from the states or other countries.

Cost is $30.00 per night and there is a minimum amount of days you can stay.
Please: consult availability of rooms before planning your trip.

Thanks!
Looking for housing close to Inter American University of Puerto Rico?
Then search: Clasificadosonline.com

HINTS
After you enter the site you will find two browsers:
one for the city and the second for the area.
The City is: San Juan-Rio-Piedras
and the area is: La Cumbre – the closest urbanization area with apartments and houses rentals.
Nursing and other students are recommended La Cumbre area because it is walking distance.

Also try endi.com “clasificados” (classifieds in Spanish)
<table>
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<tr>
<th>Department / Agency</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>Rehabilitación Vocacional / Vocational Rehabilitation</td>
<td>(787)-782-0011</td>
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<tr>
<td>Electric Company- AEE</td>
<td>1-800-981-2434 (787) 521-3434</td>
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<tr>
<td>Autoridad de Acueductos y Alcantarillados / PR Water &amp; Sewer Authority</td>
<td>620-2482</td>
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<tr>
<td>Departamento Asuntos del Consumidor/ Consumer Affairs Department</td>
<td>722-7555</td>
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<tr>
<td>Bomberos(as) de Puerto Rico/ Firehose Team</td>
<td>725-3444</td>
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<tr>
<td>Compensaciones por Accidentes de Automóviles / Accident Compensation Administration</td>
<td>759-8989</td>
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<tr>
<td>Departamento de Educación / Education Department</td>
<td>759-2000</td>
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<td>Departamento de Estado/ State Department</td>
<td>722-2121</td>
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<td>Emergencia 9-1-1 / Emergency 9-1-1</td>
<td>521-3434</td>
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<td>Hacienda / Puerto Rico Department of Finance</td>
<td>721-2020</td>
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<tr>
<td>Autoridad Metropolitana de Autobuses / Metropolitan Bus Authority</td>
<td>294-0500</td>
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<tr>
<td>Departamento de Policía de Puerto Rico/ Puerto Rico Police Department</td>
<td>343-2020</td>
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<tr>
<td>Procurador del Veterano / Veterans Ombudsman</td>
<td>758-5760</td>
</tr>
<tr>
<td>Procurador Personas con Impedimento / Handicaped Persons Ombudsman</td>
<td>725-2333</td>
</tr>
<tr>
<td>Procuradora de la Mujeres / Women’s Advocate</td>
<td>721-7676</td>
</tr>
<tr>
<td>Departamento de Salud / Health Department</td>
<td>274-7676</td>
</tr>
<tr>
<td>Departamento de Recursos Humanos / Human Resources</td>
<td>754-5353</td>
</tr>
<tr>
<td>Departamento de la Vivienda / Housing Department</td>
<td>274-2527</td>
</tr>
<tr>
<td>Departamento de Estado de Puerto Rico / State Department, Puerto Rico</td>
<td>722-2121</td>
</tr>
<tr>
<td>Departamento de la Familia/Cupones de Alimento/Family Dept., Food Cupons Line</td>
<td>1-877-991-0101</td>
</tr>
<tr>
<td>Departamento de Transportación Y Obras Públicas/Motor Vehicle Department</td>
<td>787-701-3343</td>
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Hospitals, Drugstores and hints

- Remember 911 is the emergency number to any critical emergency. They can also give you advise while they come to help.
- Always have an “ICE” # (In Case of Emergency number) saved in your cell phone list. Just spell “ICE” in your contacts list and include that important phone number of a person to be notified in any emergency or illness.
- Here we only provide a selection of some of the closest hospitals and drugstores. We recommend you check this places to have a criteria for selection in case of emergency, prescriptions or casual everyday needs.

**Hospitals:**
- Medical Center Hospital- Rio Piedras, Puerto Rico 787-777-3535
- Hospital del Maestro- Domenech Ave. Hato Rey-S.J. 787-758-8383
- Metropolitan Hospital- **RIO PIEDRAS** Carr. (Road) 21 Las Lomas 1785 RIO PIEDRAS, PR 00928 787-782-9999
- Auxilio Mutuo Hospital- Ponce de León Ave. Hato Rey 787-758-2000

**Drugstores:**
- Call first to ask about faxing service. Some drugstores have a service you can fax the prescription sheet ahead and then you bring the original at pick up. Call for availability.
- **Farmacia Caridad** - carr. 177 Guaynabo, P.R. Tels.: 787-787-7733 / 787-778-3399
- Walgreens –Santa Maria- 2505 Road 841 tel. 787-287-0528 **Open 24 Hours**
- Walgreens –San Patricio- San Patricio and Roosevelt Ave. 787-792-3795 **Open 24 Hours**
- Walgreens—Condado 1130 Ashford Ave. Condado TelZ.: 787-721-7895 **Open 24 Hours**
- Kmart Pharmacy- Plaza las Américas, Hato Rey 787-282-2292 open till 8:30pm
INSURANCE INFORMATION

Students coming from abroad to study at Inter American University must have local health insurance.
There are two options recommended by the *Presidency.
You must select one:
Triple S Direct Tel 787-792-2226
http://www.ssspr.com/SSSPortal/HealthPlans/
or
MCS Personal Tel. 1-877-760-8777 787-200-1231
https://www.medicalcardsystem.com/MCMSMCSEn08/Home.aspx
*as per the IAUPR President circular letter -April 15, 2011.
A copy of this letter is available at the International Relations Office.

For Internship or exchange student, planning to travel abroad, to the Caribbean or the United States note the following information:
Because you *must be insured for such trip and stay, we recommend you acquire insurance with CHARTIS insurance provider.
Call: 787-767-6400
*as per President circular letter May 11, 2011.
A copy of this letter is available at the International Relations Office.

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USA GOVERNMENT Agencies /Agencias GOBIERNO de EUA
We include a list of the most important agencies

- Health and Human Services--------------------------------------------787-768-5196
- Customs and Border Protection----------------------------------------787-729-6977
- Labor Department---------------------------------------------------787-754-5391
- State Department-----------------------------------------------------1-305-442-4943
- U.S. Postal Service---------------------------------------------------787-622-1756
  - GPO - General Post Office 585 F.D. Roosevelt Ave.STE 202 San Juan, Puerto Rico
    00936-9998 or 1-800-ask-usps (1-800-275-8777)
- Social Security –Toll Free Number                                  1-800-772-1213
Other important Information

http://www.puertorico.com/
Information about sites, hotels, cruises, map events and other interesting information.

http://places.eyetour.com/
Has a: choose your destination video information about places of historical, geographical and cultural interest.

Information about the Urban Train and Metrobus

http://en.plazalasamericas.com/
Information about the biggest Shopping Mall in the Caribbean

http://sites.google.com/site/tchersenespanol/guia-sugeridas-y-politicas-de-agencias
Homeschooling
Shopping Places:

PLA- Plaza Las Americas (Biggest Shopping Center in the Caribbean) Roosevelt Ave.
All kinds of stores surround the huge mall, located in front of Hiram Bithorn Park and Roosevelt Ave. in the Hato Rey area. (car, taxi or public transportation)

El Señorial Shopping Center- Close to our campus- (to go there you need a car or public transportation)

Yellowpagespr.com Here you can find different professionals and service providers, parts, hotels, schools and other things not available in this guide.

Rio Piedras- Down Town- Major Shopping area. (Take the Inter Trolley to Rio Piedras Station) – We most stress some security issues: do not flash your jewelry or expensive equipment. Avoid empty streets. Return to the trolley before the last valid hour to return to the Inter American University. Don’t be by yourself invite a friend.
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Banks:
A list of major Commercial banks.

Banco Popular de Puerto Rico -Plaza Puerto Rico Branch- Next to Interamericana Campus. (Walking distance)
Banco Bilbao Vizcaya BBVA- Alejandrino Plaza Tel.787-782-9191 (car or public transportation)
BBVA at Los Paseos Shopping Mall- 787-761-3717 (car or taxi car)
Banco Santander- 787-282-3393, 1800-726-8263 Hato Rey and many other branches around the Island. (car or taxi car)
Scotiabank- Hato Rey Puerto Rico 787-758-8989 Commercial Bank. (car or taxi car)
First Bank- El Señorial Shopping Center- 787-772-1111 (car or public transportation)
The Trolley

• Our trolley free service for students is a commute vehicle ride to the *Tren Urbano* (Urban Train). It will take you to Cupey Station. There you can access the *Tren Urbano* ride to Bayamón or *Old San Juan*-(transfer to bus needed).

• Our trolley service hours are: Cupey starting at 7am to 9pm. Metro starting at 7:30 am to 10:00 pm. Mondays to Thursdays. For Fridays and holidays- check the ours.

• The *Tren Urbano (Train)* runs normally from 5:30 am to 11:30 pm from Monday to Sunday. Call 1-866-900-1284 for more information. For a tour